

RE-IMAGINING MYSELF AS A TEACHER

TECHNIQUE	I CAN DO IT 😊	I CAN'T DO IT ☹️
Read a lot about teaching and learning.		
Celebrate my students' achievements.		
Change my style once a month.		
Dance.		
Let my students teach the class once in a while.		
Rest enough.		
Plan my classes.		
Film my classes and watch myself teaching.		
Observe a colleague's class.		
Exchange activities with my co-workers partners or have an activity swap with my colleagues at school.		
Have a goal for the "year" and reward myself when I reach it.		
Keep a list of my strengths as a teacher.		
Keep a teacher's dairy.		
Have a teachers' party more than once a year.		
Learn about something another person likes, not me.		
Teach a course I have never taught.		
Take risks when planning my classes by trying new techniques, styles and materials.		
Learn another language or something new.		
Take a course online.		
Plan classes with my colleagues and teach together.		
Try new activities and teaching techniques.		
Sit down to watch my students take their break and learn about them.		
Practice my English as much as I can.		
Join a "leisure activities" club.		
Join a professional group.		
Listen to all kinds of music.		
Practice a Hobby (Something I like, I enjoy and helps me relax.)		